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# RedDAY 2025

**June 6**    **redday.ca**



# What is RedDAY?

**Community fundraiser to support  
Waterloo Regional Health Network (formerly  
St. Mary's and Grand River hospitals)**

**Happening Friday, June 6**



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- Donations go toward preventative cardiac care – WRHN PREVENT Clinic
- Our goal: prevent heart health risks before they become a problem





# Double the impact!

- Manulife matches RedDAY donations up to \$200,000
- **Each donation goes twice as far, with twice the impact.**

 Manulife  
**\$200,000  
MATCH**



# Why we do RedDAY?



## **Donations go toward PREVENT Clinic at Waterloo Regional Health Network (WRHN)**

- Funding from the Ontario government only goes so far
- Community donations help further patient care



## **Bring awareness about cardiac risks; share medically informed advice**

- PREVENT Clinic: focuses on patients without access to family doctors
- About 65,000 in Waterloo-Wellington area don't have a family physician



## **Bring people together for local healthcare**







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## Get involved! RedDAY is June 6

Manulife will match RedDAY donations,  
dollar for dollar, up to \$200,000.

**That's twice the impact!**

**Donate today: [redday.ca](https://redday.ca)**



**Wear RED.**



**Share RED!**  
**#RedDAYFriday**



**Donate.**  
**Double your impact.**

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